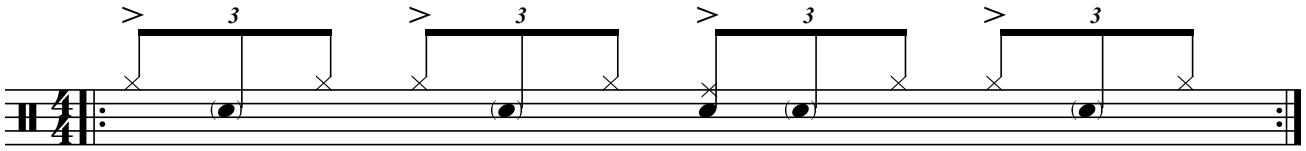
# Halftime-Shuffle Grooves

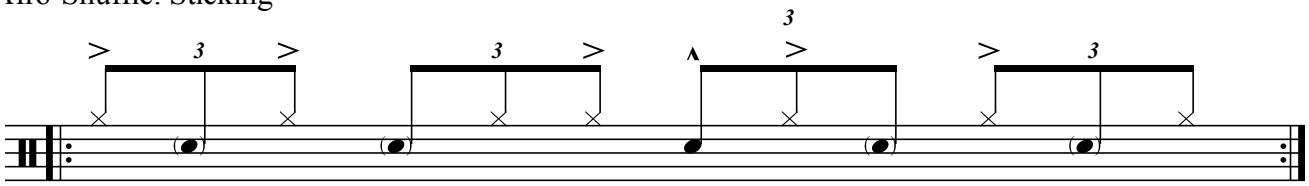
Übe zuerst die Stickings (Handsätze mit Akzenten)

## Stickings

Rosanna Shuffle: Sticking



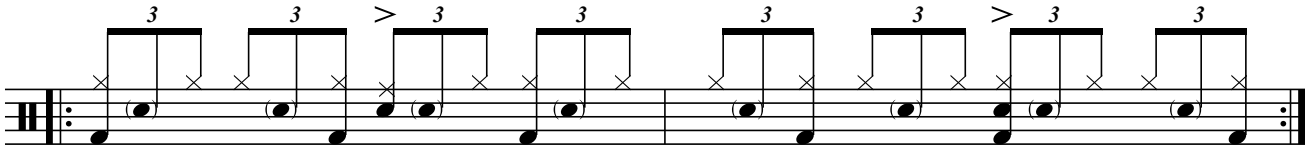
Afro-Shuffle: Sticking



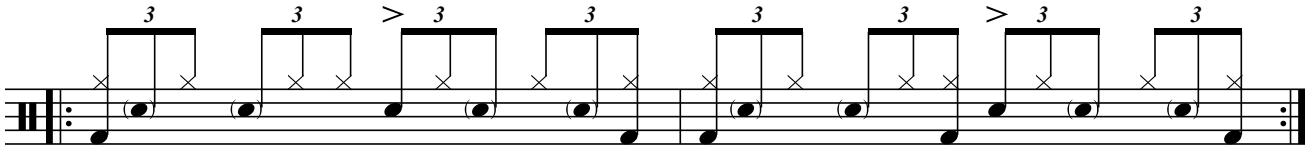
Akzente der Stickings auch in den Grooves spielen!

## Grooves

Rosanna-Shuffle (168 bpm)



Afro-Shuffle (110 - 200 bpm)



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